## West Virginia Developmental Disabilities Council Five Year State Plan FFY 2017-2021 July 24, 2018

### What Does The Council Do?

The Developmental Disabilities Council is an independent, self-governing State agency established by Executive Order of the Governor in 1972 and is funded by the Federal Administration on Intellectual and Developmental Disabilities (AIDD). Council membership is by appointment of the Governor and is composed of over sixty percent (60%) persons with developmental disabilities and family members. The Council also includes representatives of State government and other public and private organizations.

The Council's mission is to assure that West Virginia citizens with developmental disabilities receive the services, supports and other forms of assistance they need to exercise self-determination and achieve independence, productivity, integration and inclusion in their communities.

The Council does not provide or manage direct services. Council activities do include training and technical assistance, demonstration of innovative programs, outreach, applied research, supporting and educating communities, interagency collaboration, barrier elimination, and development of citizen coalitions. The Council also works to develop public policy recommendations which promote its vision and mission for supporting people with developmental disabilities. The <u>DD Act</u> also provides a mandate and guidance to states for planning and collaboration among the DD Councils, protection and advocacy programs, and the Centers for Excellence in Developmental Disabilities ("the DD Network").

## **Developing the State Plan**

The federal <u>Developmental Disabilities Assistance and Bill of Rights Act</u> (PL 106-402) (<u>DD Act</u>) provides guidance to State Councils in planning, including the requirement that Plans must be based in part on the direct input of people with developmental disabilities and their families. The West Virginia Council coordinated activities during the Fall of 2015 and Spring of 2016 that encouraged people to provide their views on a wide range of issues affecting people with developmental disabilities and their families. Nearly six hundred (600) people participated in thirteen (13) public forums, eight (8) focus groups or completed the Council Service Needs Survey with approximately 70% people with I/DD or family members taking part in the needs gathering activities.

This Plan seeks to strengthen advocacy and self-advocacy coalitions; improve how public services are provided to people with I/DD and their families; provide greater assurances that people with I/DD will be protected from abuse, isolation and neglect; improve opportunities for children to be educated in inclusive classrooms; facilitate efforts to improve supports for people who want to work; and assist and support communities in welcoming people with I/DD.

## **Council State Plan Goals**

1. <u>Service System</u>: Public service systems will be more responsive to the needs of people with I/DD and their families so that the people with I/DD will have better opportunities to learn, work and thrive in their communities.

Activities will be carried out to address improvements in the service systems' performance in critical areas such as: the use of person-centered approaches; the development and retention of a quality workforce; and the assurance of personal safety and rights protections.

2. <u>Advocacy:</u> People with I/DD, their families and allies will gain knowledge and develop necessary advocacy skills and use them to advocate for their rights, access to needed services and systems' changes.

Activities will support self-advocacy, cross-disability advocacy and leadership training.

3. <u>Community Building and Engagement</u>: Communities will include people with I/DD as participating, valued members.

Activities will support and strengthen greater community engagement of people with I/DD; help people improve their self-image; and engage in healthy lifestyles and wellness programs.

Plans must be strategic and work to strengthen <u>advocacy</u>, <u>build the State's capacity</u> to meet the needs of people with I/DD and their families, and undertake <u>systems change</u> as needed related to the major goal areas that are described. State plans are reviewed and updated as needed annually.

State Councils have flexibility in determining Plan priorities, however, all Councils are required to establish or strengthen **self-advocacy goals** by: a) establishing or strengthening a self-advocacy organization led by persons with developmental disabilities; b) supporting opportunities for individuals with developmental disabilities to **provide leadership training** to other individuals with developmental disabilities; and c) supporting participation of individuals with developmental disabilities in **cross-disability and culturally diverse leadership coalitions**. Also, each Council must develop a goal or objective to address a **targeted disaparity**, a subpopulation of persons with I/DD who are especially vulnerable to inequalities in access to or quality of support they receive.

## FIVE YEAR STATE PLAN GOALS, STRATEGIES AND ACTIVITIES

## 1. SERVICE SYSTEM

Public service systems will be more responsive to the needs of people with I/DD and their families so that the people with I/DD will have better opportunities to learn, work and thrive in their communities.

Objectives	Planned Implementation Activities
1.1 By 1/15/19 (and annually thereafter), the Council, in collaboration with the DD Network, will produce and disseminate an annual report on publicly funded community based services and trends for people with I/DD specific to eligibility, access to services, impact of service delivery, and choice and control of supports.	The Council will create and annually update its Comprehensive Review and Analysis (CRA) of the state's services, supports, and other assistance available to people with I/DD and their families. In addition to the DD Act required CRA reporting sections, The Council, WVUCED and DRWV will gather, compile and examine information on the impact of changes made to the I/DD Waiver program, and will examine other relevant public services that serve people with I/DD. The study will identify service disparities for unserved and underserved groups of people with I/DD in West Virginia. The Council will provide the CRA report findings and policy recommendations to State policymakers as a means to strengthen and improve services to people with I/DD.
<b>1.2</b> By 9/30/19, The Council will provide or support training opportunities for DD provider staff on practices and methods to protect people from unnecessary segregated placement or loss of supports at times of transition, including change in community residence.	The Council will facilitate a workgroup to to include personnel from the DHHR Office of the Secretary, DRWV and other key stakeholders to review and revise as necessary crucial policies and procedures related to interdisciplinary team planning requirements, when persons with I/DD move (Policy 8114), change providers, or require community based crisis supports.
1.3 Each year of the Plan, the Council will collaborate with the DD Network to address mutual state plan goals and objectives.	The Council, DRWV, and the WVU CED will work within the framework of a Memorandum of Agreement to conduct regular planning meetings to prioritize activities and initiatives.
1.4 Each year of the Plan, Council staff and members will engage in public policy advocacy through monitoring and attending each legislative session, as well as on-going participation on a range of policy advisory groups to improve or sustain essential public programs that support	The Council's Advocacy Specialist will monitor each legislative session and any proposed bills that impact people with I/DD and their families. Council staff will also educate lawmakers on the Council's mission and positions on access to healthcare, community supports, education, and employment. The Council will actively participate in the legislative process by commenting on language of specific bills and meeting with lawmakers. Council staff and members participate on a range of advisory groups related to the I/DD Waiver, Olmstead, Birth to Three programs, assistive

people with I/DD and their families.

technology, employment, protection of children from abuse, guardianship and cross-systems collaboration.

1.5 Each year of the Plan, the Council will provide on-going consultation to the Bureau for Behavioral Health and Health Facilities and other agencies to develop a statewide network of professionals provide assessment, consultation and support planning crisis assistance to families providers of youth and adults with co-existing conditions of I/DD and mental illness.

Council staff will participate on a range of working groups, including those led by the WV DHHR, that include child welfare providers, community mental health centers, Division of Juvenile Justice, and advocates to develop policy, practice and training recommendations to support youth and adults with co-existing I/DD and mental illness who are at-risk for out of state placement, psychiatric and/or other restrictive programs or treatment. Workgroups and committees will include the Silo Spanners group on co-existing conditions, and the WV APBS Network.

**1.6** By 9/30/20, the Council, in collaboration with DRWV. Office of the Secretary, DHHR, Olmstead Council and the SB 575 Monitoring Committee will propose new or modified protections by policy procedure that strengthen the prohibition of admission of people into State psychiatric hospitals due to their I/DD, and improves how community supports are provided to people in institutional facilities who have I/DD in combination with mental illness and/or health conditions.

The Council will work with the Bureau for Behavioral Health and Health Facilities and other relevant entities to engage in, study, and identify promising practices related to diversion from placements in facilities and transition into community support arrangements.

Workgroups and committees will also include the SB 575 Monitoring Committee to provide guidance on the DHHR's options for community based services for people at-risk for ICF/IID placement.

**1.7** By 9/30/18, the Council, in collaboration with members of the WV Center for Children's Justice Task Force will develop training to be used by first responders and members of multidisciplinary teams (MDIT) on how to respond effectively when assault/abuse of children with I/DD occurs.

A workgroup made up of staff from the WV DD Council, WV Child Advocacy Network (WVCAN), WV Foundation for Rape Information Services (WV FRIS), and the WV Department of Education will assess training offered on abuse of children with disabilities in the different disciplines, such as law enforcement, social work, and counseling. The workgroup will develop a list of resources that will help professionals respond to abuse of children with disabilities.

#### **Objectives Planned Implementation Activities 1.8** By 9/30/20, the Council will Council staff will participate on advisory groups and provide consultation to the DHHR committees including the WV APBS Network and the DHHR in the development of a model for led Silo Spanners group on co-existing conditions. The Council providing promising practices for will provide information about and linkage to outside national Trauma Informed Care to people experts on trauma, abuse and I/DD. with I/DD who have experienced psychological trauma as a result of abuse and mistreatment. **1.9** By 9/30/19, the Council will The Council will meet with the WV CAN and WV FRIS to make recommendations for develop recommendations for new abuse/neglect reporting reporting & documenting the procedures including the possible creation of a mechanism to abuse & neglect of children or record and report incidents of abuse and neglect specific to adults with I/DD, including persons with I/DD. information about the circumstances of the abuse, by State CPS & APS workers and incorporated into the State's Information Management System (IMS). **1.10** By 9/30/21, the Council will The Council will work with the WV Department of Education support education and training and various stakeholders to develop strategies for assuring that opportunities for up to 50 people, the Local Education Agencies consistenly carry out the policies including families, teachers and and procedures that assist students with I/DD to have access to other school team members on challenging, inclusive educational opportunities. The Council developing goals and strategies will support or fund a variety of training for education students' Individualized personnel and families on planning for students with significant for Education Programs that foster support needs. inclusion of students with I/DD in typical classrooms and school

**1.11** By 9/30/21, the DD Council, in collaboration with members of its Employment First Workgroup, will develop initatives that will increase opportunities for young people with I/DD to have community work experiences and all working age people with I/DD to gain valued, integrated employment.

functions and activities.

The Council will continue to facilitate a cross-cutting Employment First workgroup to develop recommendations for incorporating Federal employment service directives into relevant State programs and services, as well as strategies for creating financial incentives to providers and businesses. The Workgoup will consider forming a sub-group, made up primarily of the key state agencies affected by the mandates, to draft an Employment First Policy and Governor's Proclamation Order. The Council will also fund or support the development of educational materials for families and people with I/DD to assist them in accessing competitive integrated employment.

**1.12** By 9/30/21, the Council will collaborate with the State

The Council will work in partnership with the WV Division of Rehabilitation Services, Department of Education, Worforce

Department of Education and		
Division of Rehabilitation		
Services to monitor and assure		
that students with I/DD in all		
counties of the State have		
opportunities to participate in real,		
community based work		
experiences as part of transition to		
adult living.		

WV and the WVU Center for Excellence in Disabilities in the implementation of relevant sections of the Workforce Innovation and Opportunity Act (WIOA). The Council will assist in educating stakeholders about innovative practices.

1.13 By 9/30/19, the Council will create plans to address the apparent disparity in reported data showing high incidences of African American and black students placed in Behavior Disorder classrooms and less than expected diagnosis of autism.

The Council will work with the Department of Education, members of the African American community and Autism Training Center to review data and gather information to determine how to address whether African American and black students are being diagnosed as having behavior disorders rather than autism.

## 2. ADVOCACY AND SELF-ADVOCACY

People with I/DD, their families and allies will gain knowledge and develop necessary advocacy skills and use them to advocate for their rights, access to needed services and systems' changes.

Objectives	Planned Implementation Activities
<b>2.1</b> Each year of the Plan, the	The Council will fund an I/DD led statewide self-advocacy
Council will fund an independent	organization. The organization will include outreach, training,
statewide self-advocacy	and support for youth and teens with I/DD in school
organization led by people with	transition.
I/DD that will assist 250 people	
with I/DD to learn ways to make	
more decisions that affect their	
lives including where they live	
and what they do during the day.	
2.2 Each year of the Plan, the	The Council will fund a cross-disability advocacy organization
Council will support and expand	with a membership that represents I/DD, mental health and
participation of people with I/DD,	other groups. The organization will focus on educating
families and organizations in	policymakers, and the general public about issues that impact
coalitions that represent diverse	all citizens with disabilities.
disability groups.	

**2.3** Each year of the Plan, the Council will support opportunities for people with I/DD to provide leadership training to other individuals with I/DD who may become leaders.

The Council's self-advocacy grantees will provide leadership training opportunities for youth and adults with I/DD.

2.4 Each year of the Plan, the Council will provide funding and other supports so that parents and family members will gain knowledge of programs, policies and a range of community services in order to advocate for necessary supports for their family members.

The Council will provide funds to in-state organizations to support attendance of people with I/DD and their families at statewide conferences and workshops through its Designated Stipend Program. The Council may also develop position papers, policy analysis papers, parent guides, and educational videos on a range or topics. The Council will also conduct Partners in Policymaking (PIP) training every other year.

**2.5** By 9/30/20, the Council will study the efficacy and viability of a funded project that would match people with I/DD with community volunteers as non-paid advocates.

The Council will investigate support by community associations, organizations, and potential funders of the likely sustainability of a Citizen Advocacy project that matches community volunteers as advocates for people with I/DD.

**2.6** By 9/30/20, the Council will work to establish "Supported Decision Making" statewide as a recognized alternative to guardianship for people with I/DD.

Collaborate with the DRWV (P&A) and other members of the WV Working Interdisciplinary Networks of Guardianship Stakeholders (WINGS) to formulate policy recommendations, operational documents and legislation that work to make "Supported Decision Making" a viable statewide option for people with I/DD.

**2.7** By 9/30/21, the Council, in collaboration with the WVU CED and DRWV, will develop an information toolkit for aging family caregivers of people with I/DD to help them be more aware of relevant public and private community resources.

The Council, in collaboration with its Network Partners, will develop training that targets older caregivers about community support options.

# 3. <u>COMMUNITY BUILDING AND ENGAGEMENT</u>

# Communities will include people with I/DD as participating, valued members.

Objectives	Implementation Activities
<b>3.1</b> By 9/30/19, the Council will	The Council will fund a pilot demonstration project that uses
sponsor a demonstration project	community building principles to involve people with I/DD in
of how at least 15 people with	collaborative projects to improve neighborhoods and towns.
I/DD can be successfully	The project will support community leaders who recognize that
supported to join with non-	all citizens have a part to play in community improvement and
disabled neighbors to develop and	solving community problems.
participate in local improvement	
projects or initiatives that enhance	
the quality of life for all in their	
communities.	
<b>3.2</b> Each year of the Plan, the	The Council will develop and coordinate training events on
Council will provide and/or	Social Role Valorization and training on safeguarding the
sponsor training to up to 30	lives of people with developmental disabilities.
family members on how to	
assist their family members	
with I/DD attain and maintain	
age-appropriate and socially	
valued lives.	
<b>3.3</b> By 9/30/21, the Council will	Form a workgroup to explore how to use Person-Centered
support or provide training for up	Planing methods such as MAPs or PATHs as tools to identify
to 75 DD service personnel in the	meaningful community activities and viable and meaningful
development of meaningful goals	supports for people with I/DD.
and strategies in service plans for	
people who are not likely to work	
full time.	

7/24/18